



## WHO ARE WE?

We provide talented Western Victorian athletes with high performance athlete services in: coaching, physical preparation, sport science, psychology, nutrition, personal development and advice; to enhance their chances of State and National representation.

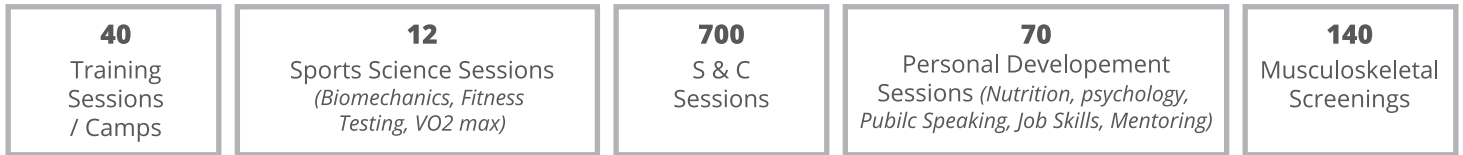
## OUR CORE BUSINESS

We are working with athletes and their supporters to deliver specialist services to help them succeed.



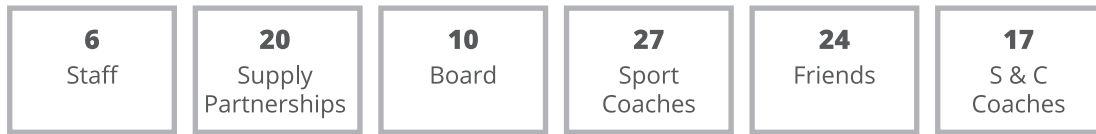
## SERVICES DELIVERED

In 2016 we delivered 962 services and used 30 venues for service delivery



## SUPPORT TEAM

In 2016 we had the largest & most powerful support team



## OUR PARTNER ORGANISATIONS & SPONSORS

Victorian Institute of Sport • Victorian Government • Federation University • City of Ballarat • Bacchus Marsh Grammar Ballarat Sportsmans Club • Cason Sports • Ballarat Badminton • Ballarat Table Tennis • Netball Victoria AFL Goldfields • Rowing Victoria • Special Olympics Victoria • Tennis Victoria • Victorian Golf Foundation Cycling Victoria • Swimming Victoria • Ballarat Football Umpires Association



## ATHLETES

During 2016 we supported 129 athletes for at least a portion of the year, 51 of these athletes competing at national level and 7 of them being selected into an Australian team. In 2010 we supported 88 athletes with 8 of those competing at a national level.

## INDIVIDUAL MEMBERS

In 2016 we had 25 individual members, compared to 2010 when we had 5 individual members.

## SPORTS

We supported 22 sports in 2016. In 2010 we only supported 5.



## OUR VALUES

**Being good for sport in the region:**

- Looking to develop and promote local people in all facets
- Constantly improving everything we do
- Focusing on recruiting the best local talent

**Building capacity for sport in the region and in our organisation:**

- Using local people and suppliers
- Being flexible but focused in our work



## GREATEST ATHLETE PERFORMANCES OF 2016

### Rory Carroll

(Table Tennis)

- Thai Para Open (Bronze in Teams Event)

### Max Noble

(Karate)

- Karate World Cup
- Oceania Championships (Gold in "Individual Event"; also part of Australian team that won Gold in "Teams Event")

### Ben DeBortoli

(Karate)

- Karate World Cup
- Oceania Championships (Silver in "Individual Event"; also part of Australian team that won Gold in "Teams Event")

### Joel Hennessy

(Karate)

- Karate World Cup
- Oceania Karate Cup (Bronze in "Individual Event").
- Oceania Championships (Bronze in "Individual Event").

### Shaun Findlay

(Alpine Skiing)

- FIS Racing events

### Josh Jolly

(BMX)

- Junior World Championships

### Sam Rizzo

(T&F – Wheelchair Track)

- IAAF World Challenge (Silver)

### Emma Werner

(T&F - Throws)

- IAAF Oceania Games

### Dan Hocking & Josh Gay

(Badminton)

- Li-Ning Australian Junior International

### Hudson Irwin

(Gymnastics)

- U/17 National Championships (Overall Gold & Team Gold)

### Jack Carr

(Swimming)

- New Zealand Age Championships (2 x Silver)

### Ruby DeRuiter

(Taekwondo)

- Junior National Championships (Silver)

### Liam Campbell

(T&F – Throws)

- Junior National Championships (Silver)

### Laura Butler

(T&F – Sprints & Throws)

- Junior National Championships (3 X Bronze)

### Alanna Peart

(T&F – Racewalking)

- Junior National Championships (1 x Bronze)
- Australian Roadwalking Championship (1 x Bronze)

### Jemma Peart

(T&F – Racewalking)

- Junior National Championships (2 x Bronze)

### Graeme Frislie

(Cycling)

- Junior Track National Championships (2 x Bronze)

### Mitch Braiden

(Hockey)

- Under 18 National Championships (Bronze)

### Jack Denahy

(Boxing)

- Australian Gold Gloves Tournament (Silver)

### Julia Bourke

(T&F – Throws)

- Accepted offer to NCAA Division 1 Athletics Scholarship

## KEY BUSINESS ACHIEVEMENTS OF 2016

### Athlete Achievement

- Increased number of athletes supported (117>129).
- Record 51 athletes to achieve National level participation or equivalent at last chance.
- More of these athletes are 'home grown'; having been welcomed into WestVic program as athlete with potential, and progressed along their pathway with us.

### Athlete Support & Services

- Our support and service delivery network welcomed new suppliers while retaining longstanding ones; while we matched record-size FedUni student placement team.
- Consolidation of relatively new programs, welcoming in new programs, and continued strengthening through continuity in all longstanding sport programs.

### Branding & Fundraising

- Introduction of multiple branding-building initiatives, namely: 'Athlete Profile Video Series'; new website; creation of 'Identity Cards' and a 'Prospectus' to help tell our story.
- Launch of a new fundraising project, the "WestVic Coterie Group".

### Good Governance & Management Capability

- Welcoming 4 new Board members and consolidating support of 'Friends of the Board'.
- Expansion of our Management team to introduce new roles in sport program management, internship and accounts; while strengthening S&C management staff.