FedUni WestVic Academy of Sport

2015

THE LARGEST & MOST POWERFUL SUPPORT TEAM

2 Staff
6 Board
20 Friends
20 Supply Partnerships
24 Sport Coaches
20 S&C Coaches

30 VENUES USED FOR SERVICE DELIVERY

117 ATHLETES SUPPORTED FOR AT LEAST A PORTION OF THE YEAR

47 ATHLETES COMPETEING AT NATIONAL LEVEL

8 OF THOSE ATHELETES BEING SELECTED INTO AN **AUSTRALIAN TEAM**

85 Training Sessions / Camps
600 S & C Sessions
115 Musculoskeletal Screenings
25 Biomechanics Analysis Sessions
22 Nutrition Consultations / Sessions
28 Psychology Consultations / Sessions
10 Fitness Testing Sessions

885 SERVICES DELIVERED

Victorian Institute of Sport • Victorian Government • Federation University • City of Ballarat • Bacchus Marsh Grammar • Acciona Energy Bendigo Bank • Ballarat Table Tennis • Netball Victoria • Rowing Victoria • Cason Sports Special Olympics Victoria • Tennis Victoria • Victorian Golf Foundation • Cycling Victoria • Swimming Victoria • Ballarat Sportsmans Club • Ballarat Football Umpires Association

OUR PARTNER ORGANISATIONS & SPONSORS

IN 2010

WE SUPPORTED 88 ATHLETES WITH 8 OF THOSE COMPETING AT A NATIONAL LEVEL

OUR CORE BUSINESS

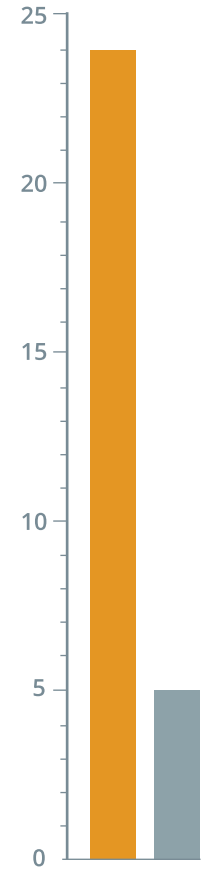
We are working with athletes and their supporters to deliver specialist services to help them succeed

WHO ARE WE?

We provide talented Western Victorian athletes with high performance athlete services in: coaching, physical preparation, sport science, psychology, nutrition, personal development and advice; to enhance their chances of State and National representation

WE SUPPORTED 24 SPORTS

COMPARED TO 5 SPORTS IN 2010



OUR VALUES

Being good for sport in the region:

- Looking to develop and promote local people in all facets
- Constantly improving everything we do
- Focusing on recruiting the best local talent

Building capacity for sport in the region and in our organisation:

- Using local people and suppliers
- Being flexible but focused in our work

IN 2010 WE HAD 5 INDIVIDUAL MEMBERS

23 IN 2015 WE HAD **INDIVIDUAL MEMBERS**