



2024 WestVic Academy of Sport – Golf Program

WestVic Academy of Sport's mission is to provide opportunities for Western Victorian athletes to be their best in sport and in life. To help achieve our mission everything we do as an academy is led by our guiding values: **Excellence, Resilience, Passion, and Connectivity**. These values allow us to lead the way for sporting success by guiding athletes on & off the field.

WestVic Academy of Sport offers Golf Athletes' access to a range of services and resources to support athlete development and is complimentary to their existing training programs. The WestVic Golf program is supported by Golf Victorian and the Golf Foundation.

2024 PROGRAM AIM - The aim of the WestVic Golf program is to provide athletes with training and support that compliments the training they already complete with their clubs & coaches. High Performance and holistic education opportunities to provide golfers across our region with the greatest chance to achieve their best in golf & life.

Sport Specific

- 4 x WestVic Golf competitive sessions with WestVic Head coach Andrew Cartledge. These sessions will include a golf specific education module presented by guest speakers and will be delivered at different golf courses across the region.
- 2x High Performance Days sessions with PGA Professional Travis Harrison at the Sandringham Golf Facility and Ballarat Golf Course
- Golf Australia High-Performance day at 13th Beach Golf Course with entry costs covered by WestVic.
- Invitation to Victorian Regional Academies of Sport (VRAS) Inter-Academy Challenge Tournament
- 4x technical swing video analysis reports with Andrew Cartledge throughout the year

Holistic Support

- WVAS Athlete Education series
- Community Network – Referral to Physiotherapy, Nutrition, Sport Psychology, Female Athlete support & more
- WVAS Uniform items
- Online Strength & Conditioning program
- Golf Specific Education – delivered at the golf sessions.

Our community network includes access to a range of consultants in a variety of areas such as Dietitians, Sport Psychologists and Female Athlete Support. As well as discounted services with our partners at Lake Health Group and the RADCentre.





Program Intake

In 2024, the WestVic Golf Development Program will be based on handicap instead of age to work with those at a higher handicap level to aid their development in lowering their handicap throughout 2024. To ensure we cater for this change in the best way for athletes, we will be prioritising applications for those with a handicap of **24 and below**. If your handicap is above 24, we still encourage you to apply.

Application Process

To apply for the WestVic Golf program you must complete the form located on our website or at the bottom of this document. Within this form there will be questions relating to results, goals and your coachability as an athlete. WestVic also selects athletes based on other contributing factors such as the athlete's alignment with our guiding values.

Cost

WestVic Golf Program: The cost of an annual membership in 2024, inclusive of the above services and supports is \$467.50 including GST (*Note: payment is not required upon acceptance. A tax invoice will be emailed to you with the membership documents*).

Pathways

The WestVic Academy of Sport falls under the Tier 4 State Talent ID Programs. More information: [High Performance | Golf Australia](#)

For more information on the WestVic Academy of Sport programs, please contact:

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Athlete Services & Program Coordinator

Website: [WestVic Academy of Sport - Home \(westvicsport.org.au\)](http://westvicsport.org.au)

Golf Program 2024 Application Form: <https://forms.office.com/r/Zi96uLs9G1>



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