2026-27 FedUni WestVic Academy of Sport / Barwon Sports Academy Cycling Program

At FedUni WestVic Academy of Sport, our mission is to empower athletes from Western Victoria to reach their full potential—both in sport and in life. Every initiative we undertake is guided by our core values: **Excellence, Resilience, Passion**, and **Connectivity**. These principles shape our approach and enable us to support athletes in achieving success both on and off the field.

The goal of the 2026 – 27 FedUni WestVic / Barwon Cycling Program is to deliver practical skills, strategic insights, and valuable information throughout the program to help athletes advance from their current level. To maximize the benefits of the program, consistent attendance at all sessions is strongly encouraged & expected. Our program is inclusive and welcomes all participants, this program's focus will be on road and track cycling with sessions at Victoria Park & Ballarat Velodrome as well as Geelong.

WestVic Academy of Sport provides cycling athletes with access to a wide range of services and resources designed to enhance their development. These offerings complement existing training programs and give athletes the opportunity to receive support across multiple areas.

The Program will begin with an orientation in October and run through to April.

Sport Specific

- 3 x WestVic sessions (Nov, Dec, Jan & Feb, March)
    - Sessions will be for Road & Track cycling at Victoria Park & Ballarat Velodrome
- 3 x Barwon sessions (Nov, Dec, Jan & Feb, March)
    - Sessions will be held at Geelong Crit track
- Cycling specific education sessions
- Rider support at Austral Wheel race (Dec 16-19th) for track riders

Holistic Support

- Weekly Strength & Conditioning sessions at Federation University, Mt Helen Campus
- WestVic Athlete Education series - 4x sessions
- Community Network – Referral to Physiotherapy, Nutrition, Sport Psychology, Female Athlete support
- WestVic or Barwon - training tee
- 2 x Fitness Testing sessions at Federation University
- 2x Bike specific test (one at the start and end of program)
- Designed Cycling kit (optional for purchase)

Our community network includes access to a range of consultants in a variety of areas such as Dietitians, Sport Psychologists and Female Athlete Support. As well as discounted services with our partners at Lake Health Group, the RADCentre & Precision Health Spinal & Sports Rehab.

Application Process
To apply for the WestVic Cycling program you must complete the form located on our website or at the bottom of this document. Within this form there will be questions relating to results, goals and your coachability as an athlete.

Eligibility
Must have a Auscycling Race Licence
Aged as a U15 – U19

WestVic will liaise with Aus Cycling and network regarding athlete selection. We encourage anyone who meets the above criteria to apply for the program.

Cost
The cost of an annual membership in 2026/27, inclusive of the above services and supports is = $385 inc GST
(Note: A tax invoice will be emailed to you with the membership documents, which outlines our payment options).

Coaches
Scott Allison – Advanced Cycling Coach, Victorian elite State Track Assistant coach
Geelong Coach – Tynon Shannon – competed Internationally, Coach.

For more information on the WestVic Academy of Sport programs, please contact:

Scott Allison – scott.allison@federation.edu.au
FedUni WestVic Academy of Sport

Website: WestVic Academy of Sport - Home (westvicsport.org.au)

Application Form: **FedUni WestVic Academy of Sport Athlete Application Form 26/27 – Fill out form**