



2026 WestVic Academy of Sport – Netball Program

WestVic Academy of Sport's mission is to provide opportunities for Western Victorian athletes to be their best in sport and in life. To help achieve our mission everything we do as an academy is led by our guiding values: **Excellence, Resilience, Passion, and Connectivity**. These values allow us to lead the way for sporting success by guiding athletes on & off the field.

WestVic Academy of Sport offers Netball Athletes' access to a range of services and resources to support athlete development and is complimentary to their existing training programs. The WestVic Netball program is supported by Netball Victoria and is incorporated within the pathway framework for players.

2026 PROGRAM AIM - The aim of the WestVic Netball program is to provide athletes with training and support that compliments the training they already complete with their clubs & coaches. High Performance and holistic education opportunities to provide Netball players across our region with the greatest chance to achieve their best in Netball & life.

Sport Specific

- 7 x On-Court Netball sessions
- Invitation to Victorian Regional Academies of Sport (VRAS) Inter-Academy Challenge Day.

Holistic Support

- WestVic Athlete Education series
- Community Network – Referral to Physiotherapy, Nutrition, Sport Psychology, Female Athlete support & more
- Fitness Testing at the start & end of program
- Weekly Strength & Conditioning sessions at FedUni
- Lumin Sports App
- WestVic Training Jersey

Our community network includes access to a range of consultants in a variety of areas such as Dietitians, Sport Psychologists and Female Athlete Support. As well as discounted services with our partners at Lake Health Group and the RADCentre, Precision Health Spinal & Sports Rehab, and Three Lions Psychology & Consulting.

Selection Criteria

To be eligible for selection in the WestVic Academy of Sport 2026 Netball Program you must be 13 and older and be registered with a netball club in 2026. All athletes must also register and attend WestVic Netball trials that will be held on Saturday the 21st of March. Registration link is on our website, socials and bottom of this document.





Squad

Due to the high level of interest for the 2026 Netball Program, we will be creating Two squads to allow us to support more athletes across our region. To support this we will have a squad based in Ballarat and a squad based in the Wimmera that will support the towns of Ararat, Stawell & Horsham as well as smaller rural towns.

Lumin Sports App

FedUni WestVic uses Lumin Sports App as our Athlete Management System. All Netball athletes will be assigned to the app allowing WestVic staff to help the athlete manage their Strength & Conditioning programs, wellness and all program operations and communication.

Cost

The cost of an annual membership in 2026, inclusive of the above services and supports is \$500.00 inc GST (*Note: payment is not required upon acceptance. A tax invoice will be emailed to you with the membership documents*).

Trial Registration link - [FedUni WestVic Academy of Sport Athlete Application Form – Fill out form](#)

For more information on the WestVic Academy of Sport programs, please contact:

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Athlete Services & Program Coordinator

Website: [WestVic Academy of Sport - Home \(westvicsport.org.au\)](http://westvicsport.org.au)

