



WestVic Academy of Sport

Certificate of Incorporation Number: A0044529G

Annual Report
2003-2004

Academy Vision – To provide talented regional athletes with access to coaching and education programs of excellence, assisting them to reach their full sporting and professional potential and enhance their access to pathways to State and National representation.

CHAIRMAN'S REPORT

As this is the first Annual report I wish to acknowledge the foresight and vision of a number of people who worked for some years to see that today, their vision, is happening in the introduction of sports programs at the elite level, throughout the WestVic area.

I would like to particularly thank two people who were part of the Steering committee and on the first Board, but have now retired. Sue Brown who brought with her a huge depth of knowledge of sport, Administration, and organization, and, Ralph Richards, who is our point of contact with the VIS, has an intimate knowledge of other academies, and almost all known sports.

That was history, this is today. Today we are the WestVic Academy of Sport. In the last year we have chosen four sports. Athletics, Badminton, Cycling and Volleyball. They have each chosen their elite squads, and under the sponsorship and guidance of the WestVic Academy of Sport have started their development programs for athletes and coaches.

In each of the sports we want to thank those administrators who have so enthusiastically adopted the WestVic ethos and objectives.

Another achievement has been to put in place sports science, nutrition, and education and career programs. These

are being developed and introduced as required.

During the last year we appointed our first Executive officer, Fionna Cummins, who unfortunately resigned due to ill health only three months into her tenure.

We have since appointed Michael Hynes as Executive Officer, along with former Board Member Ian Anderson, and together they are introducing the athlete programs.

In our next year we expect to choose two more sports for WestVic elite programs, and also we propose to grant some individual athlete scholarships.

The first year has been exciting and full of action. The next year will present further challenges that I have every confidence in being well met. That confidence comes from a sure knowledge of the abilities and enthusiasm of the entire board.

John Abraham
CHAIR PERSON

EXECUTIVE OFFICER'S REPORT

The Academy was officially launched at the City of Ballarat on the 2nd of April 2004. Launching the Academy was Ballarat West MLA Karen Overington who represented Mr Justin Madden, State Minister for Sport & Recreation.



With the launch of the initial four program sports of badminton, cycling, track & field and volleyball launched, the Academy also announced the prospect of introducing two further sports, as well as individual scholarships, at the commencement of 2005.

Since the official launch the focus has been on building the Academy profile, to increase the marketing support networks and develop the sport service aspect of the Academy.

During the period April – July, the Academy has seen the Ballarat Runners Shop, Horsham Rural City Council and the Victorian Volleyball Development Trust have come on board as sponsors. These three sponsors join Sport & Recreation and the City of Ballarat (major financial supporters) Ballarat Holden and CGU as financial providers, and the Ballarat Courier who support the Academy through advertising credit.

Major in-kind support has been obtained through the University of Ballarat School of Human Movement & Sports Science department. HM&SS supports the Academy with significant levels of administration support at the University. This support has been invaluable to the day to day running of the Academy and has allowed for access to, and the development of, the sports science provision within the Academy programs.

A new development within the Academy is the Friends of the Academy Program which has been

based upon the Gippsland Academy initiative. Thanks Robbie! This program allows for athletes to access support from personal friends and business associates which helps offset a portion of their athlete levy. The Friends of the Academy program has shown to be a great success allowing the Academy to further increase its network.

Additional to the office space at the University of Ballarat, office space at the Wimmera Regional Office in Horsham has been accessed. This has allowed for greater awareness in the regional area. Working from Horsham once a week has created the opportunity to build personal business relationships which I believe has led to the securing of the Horsham Rural City Council support. Further support which has come out of the Horsham area is from the Wimmera Times Newspaper. A weekly article has been operating now for two months every Wednesday. This has also allowed for the development of the Academy profile in the western part of our region.

Taking over the role in an interim 3 month period, to the beginning of July, allowed me to demonstrate my abilities and, happily, as of July 5th 2004, I was offered the full time position for a 2 year period. This appointment also saw the appointment of Mr Ian Anderson to the role of Manager of Sports Programs. Ian's role is defined by the need of continual contact and information flow to sport coordinators. Also a major part of Ian's role is the development and implementation of the sports services to the individual



sports and the coordination of the sports medicine committee.

Having access to the students at the University has also allowed for numerous fieldwork opportunities. Presently 3 students are working on web site design and one student on sponsorship servicing. Utilisation of the students should also increase with further development of the sports services program, and it is envisaged that, “top end” students will be employed under the sports service coordinators to deliver sections of these programs.

Congratulations must go to the original members of the Steering Committee for their tireless work in the foundation period of the Academy and the work they did in getting this wonderful service off the ground. Also thanks goes to all the Board for their individual roles in assisting me in various sections of the administration of the Academy.

Our short existence has seen the Academy place some solid foundations for the future. I see great challenges ahead but also a time full of rewards.

Michael Hynes
Executive Officer

SPORT PROGRAM MANAGERS REPORT

The position of Manager of Sport Programs was created in early July of this year, and in this capacity I have worked alongside and assisted the Executive Officer, with a particular focus in instigating the provision of Academy services to the current 4 sports in our programs.

Since July the following have been initiated, undertaken and/or accomplished:

A second successful induction of Academy athletes in Ararat.

A needs analysis of each sport in terms of the sport science/sports medicine services of the Academy. Key people responsible for the provision of these services have been linked to the Sport Coordinators, and many programs are currently underway. Particular components that are becoming well utilized are: physical preparation, nutrition and physiological testing. Other services are now coming on board.

There has been advertising for “expressions of interest” from further sports and individual athletes to become members of the Academy. Sports that have expressed an interest include swimming, rowing, gymnastics, hockey, shooting and trampolining. There have also been a number of individual athletes seeking Application Forms. Decisions on successful applications will be made by early November.

There have been meetings with key people at the V.I.S. and A.S.D.A. identifying ways in which we need to



work closely together on relevant programs and projects.

There have been regular meetings with the Sport Coordinators in monitoring their sport programs.

Encouragement, support and assistance has been given to the cycling program in ensuring that there is a cycling camp for Academy athletes in Ballarat on October 9-10, and the conducting of a Level 1 coaching course in Ballarat on November 12-14.

Ian Anderson
Sport Program Manager

WestVic Sports Reports

Badminton

The WestVic Academy Badminton program represents forty five athletes in both Ballarat and Horsham. The Ballarat Squad has thirty five athletes, (18 Ballarat "A" Squad and 17 in the Ballarat "B" Squad and additional to these a development squad), the Horsham Squad has ten athletes in the Horsham "B" Squad and also a small development squad.

The Badminton program has appointed Angela Crowe as assistant coach in the Ballarat region with the responsibility of over seeing the development of the "B" Squad, John O'Dwyer and Kevin Phillips as coaches in the Horsham region.

Sport service focus at the moment is in physical preparation and physiological testing and analysis.

An important development in Horsham is the offer by the Horsham College to allow us to have access to the College Gym for training purposes. The College have recently relayed the courts and it allows the program to four courts which is perfect for the size of the program.

As the Head Coach Coordinator I'm very happy with the development of athletes at tournament level and this indicates the strength of the program.

Rhonda Cator
Coordinator

Cycling

The Cycling program one of the first two sports to be inducted into the program commenced in April and inducted thirteen cyclists into the WestVic Academy.

All athletes from right across the region has showed some strong progress and with the coordination of the physical preparation and nutrition programs now in place we are looking forward to the next period.

Of the thirteen athletes we have 1 representing Ballarat, 4 Stawell, 4 Ararat and 4 from Horsham. Over seeing these athlete are 4 coaches Dean Taylor (Ballarat), Brian Howlett (Ararat), Max Freeland (Stawell), and I (Horsham).



October see a busy period for the program with our second Cycling Camp to be conducted this time in Ballarat at the University and the Level One Coaches Course, which will be the first fully conducted course outside metropolitan areas also conducted at the University of Ballarat.

Geoff Witmitz Coordinator

Track & Field

After a slow start the track and Field program due to a competition and induction clash the program is now starting to gain momentum. The July induction day introduced and inducted the remainder of the fifteen athletes and signalled a point of beginning of the entire squad.

Four coaches have been appointed Neville Down (Ballarat) who has 2 field athletes, Lindsay Burgoyne (Ballarat) 2 field athletes, and I who looks after the remaining 9 track and cross country athletes.

The main focus of the program at the moment is the delivery of athlete physical screening for injury prevention and some physiological testing of the field athletes. Once we have this in place the next focus is on implementing a solid nutritional program for athletes and parents.

We have seen some strong performances over the Track and Field season and with the aid of the Academy and its sport services envisage opportunity to quickly

develop fast track athletes because of access to areas normally not available to regional athletes.

Rod Griffin Coordinator

Volleyball

The WestVic Academy of Sport Volleyball Program commenced on the 1st of August with two regional programs based in Horsham and Ballarat. Dave Berry is in-charge of the Horsham Program and Brian Holding is in-charge of the Ballarat Program. Hollie Radomski and Paul Chapman have been appointed as trainee coaches.

Twenty seven athletes were identified through trials conducted in the region. Approximately sixty athletes trialled for positions in the Academy. As part of the Academy Program athletes are required to train for 5 hours per week on court. In addition to this athletes will undertake strength (physical preparation) and conditioning program under the Academy consultant. Athletes will also work with a nutritionist on an ongoing basis. Progress of athletes will be monitored by the coaching staff via a generic Academy diary.

The Academy Program is aimed at providing individual athletes an avenue to improve their volleyball skill within a structured environment. The aim of the training is to equip the athletes with the necessary skill to allow them to make the transition from Regional athletes to State or National Athletes in the sport of volleyball.



Training will take place in both a team and individual environment.

Over the duration of the Program the athletes will take part in combined trainings at Ararat on a monthly basis. Athletes will also be given the opportunity to compete as a team at regional tournaments. A training camp will be held in January 2005 with Bendigo Academy of Sport.

This program will be conducted over three days in Ballarat.

In February Academy athletes will be given the opportunity to trial for position in State U/15 – 19 teams. These trials will be conducted during the last two Sundays of February.

Ross Sullivan
Coordinator



Independent Audit Report

Partners:

Robert J. Evans *B.ECON., C.P.A., C.FP*
 Bryan K. Metcalfe *B.ECON., C.P.A., C.FP*
 Anthony L. Carmody *B.BUS., C.P.A.*
 Bruce R. Judkins *C.P.A.*
 Stephen P. Vanderkley *B.BUS., C.P.A.*
Associate:
 Tony R. Ward *B.BUS., C.P.A.*


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615 Sturt Street, Ballarat, 3350
 Ph: (03) 5332 3155 Fax: (03) 5332 3422
 Email: auditgst@evansmetcalfe.com.au

Evans & Metcalfe

Certified Practising Accountants

**INDEPENDENT AUDIT REPORT TO THE MEMBERS OF
 WESTVIC ACADEMY OF SPORT INC.**
Scope

The financial report and committee's responsibility

The financial report comprises the statement of balance sheet, income and expenditure statement, accompanying notes to the financial statements, and the statement by members of the committee for Westvic Academy of Sport Inc. for the year ended 30 June 2004.

The committee of the association is responsible for the preparation and true and fair presentation of the financial report and have determined that the accounting policies used and described in Note 1 to the financial statements which form part of the financial report are consistent with the financial reporting requirements of the Associations Incorporation Act (Vic) and are appropriate to meet the needs of the members. This includes responsibility for the maintenance of adequate accounting records and internal controls that are designed to prevent and detect fraud and error, and for the accounting policies and accounting estimates inherent in the financial report.

The financial report has been prepared for distribution to members for the purpose of fulfilling the committee's financial report requirements under the Associations Incorporation Act (Vic). We disclaim any assumption of responsibility for any reliance on this report or on the financial report to which it relates to any person other than the members, or for any purpose other than that for which it was prepared.

Audit Approach

We conducted an independent audit in order to express an opinion to the members of the association. Our audit was conducted in accordance with Australian Auditing Standards, in order to provide reasonable assurance as to whether the financial report is free of material misstatement. The nature of an audit is influenced by factors such as the use of professional judgment, selective testing, the inherent of internal control, and the availability of persuasive rather than conclusive evidence. Therefore, an audit cannot guarantee that all material misstatements have been detected.

We performed procedures to assess whether in all material respects the financial report presents fairly, in accordance with the accounting policies described in Note 1, so as to present a view which is consistent with our understanding of the association's financial position, and of its performance as represented by the results of its operations. These policies do not require the application of all Accounting Standards and other mandatory professional reporting requirements in Australia. No opinion is expressed as to whether the accounting policies used and described in Note 1, are appropriate for the needs of the members.

We formed our audit opinion on the basis of these procedures, which included:

- examining, on a test basis, information to provide evidence supporting the amounts and disclosures in the financial report, and
- assessing the appropriateness of the accounting policies and disclosures used and the reasonableness of significant accounting estimates made by the committee.

While we considered the effectiveness of management's internal controls over financial reporting when determining the nature and extent of our procedures, our audit was not designed to provide assurance on internal controls.

Independence

In conducting our audit, we followed applicable independence requirements of Australian professional ethical pronouncements.

Audit Opinion

In our opinion, the financial report of Westvic Academy of Sport Inc. presents a true and fair view in accordance with the accounting policies described in Note 1 to the financial statements, the financial position of Westvic Academy of Sport Inc. as at 30 June 2004 and the results of its operations for the year then ended.

Bruce R. Judkins
 Evans & Metcalfe
 Dated this 20th day of September 2004

 Established 1945


WESTVIC ACADEMY OF SPORT INC
INCOME AND EXPENDITURE STATEMENT
FOR THE YEAR ENDED 30TH JUNE 2004

| | Note | 2004 \$ | 2003 \$ |
|---|------|------------|------------|
| Profit from ordinary activities before income tax | | 54,377.93 | - |
| Income tax expense attributable to operating profit | | - | - |
| Profit from ordinary activities after income tax | | 54,377.93 | - |
| Retained profits (Accumulated losses) at the beginning of the financial year | | - | - |
| Total available for appropriation | | 54,377.93 | - |
| Retained profits (Accumulated losses) at the end of the financial year | | 54,377.93 | - |

The accompanying notes form part of these financial statements.

This report is to be read in conjunction with the attached compilation report.



WESTVIC ACADEMY OF SPORT INC

BALANCE SHEET
AS AT 30TH JUNE 2004

| | Note | 2004 \$ | 2003 \$ |
|--|------|------------------|------------|
| CURRENT ASSETS | | | |
| Cash assets | | 53,305.25 | - |
| Receivables | 2 | 57.00 | - |
| Inventories | 3 | 6,803.12 | - |
| Prepaid Borrowing Expenses | | 369.70 | - |
| Less Amortisation | | (32.41) | - |
| TOTAL CURRENT ASSETS | | 60,502.66 | - |
| NON-CURRENT ASSETS | | | |
| Fixed assets | | | |
| Plant and equipment | 4 | 23,086.65 | - |
| TOTAL NON-CURRENT ASSETS | | 23,086.65 | - |
| TOTAL ASSETS | | 83,589.31 | - |
| CURRENT LIABILITIES | | | |
| Sundry Creditors | | 1,824.54 | - |
| GST payable | | 1,942.19 | - |
| TOTAL CURRENT LIABILITIES | | 3,766.73 | - |
| NON-CURRENT LIABILITIES | | | |
| Hire Purchase Liability | | 30,209.90 | - |
| Less Unexpired Hire Purchase Liability | | (4,765.25) | - |
| | | 25,444.65 | - |
| TOTAL LIABILITIES | | 29,211.38 | - |
| NET ASSETS | | 54,377.93 | - |
| MEMBERS' FUNDS | | | |
| Retained profits | 5 | 54,377.93 | - |

The accompanying notes form part of these financial statements.

This report is to be read in conjunction with the attached compilation report.



WESTVIC ACADEMY OF SPORT INC
A.B.N. 94 279 288 161

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH JUNE 2004

1 Statement of Significant Accounting Policies

This financial report is a special purpose financial report prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Act . The committee has determined that the association is not a reporting entity.

This financial report has been prepared in accordance with the requirement of the Associations Incorporation Act and the following Australian Accounting Standards:

- AAS 2 : Measurement and Presentation of Inventories in the Context of the Historical Cost System
- AAS 4 : Depreciation of Non-Current Assets
- AAS 5 : Materiality
- AAS 8 : Events Occurring after Reporting Date

No other Australian Accounting Standards, Urgent Issues Group Consensus View or other authoritative pronouncements of the Australian Accounting Standards Board have been applied.

The financial report is prepared on an accruals basis and is based on historic costs and does not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

The following material accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this financial report:

Inventories

Inventories are measured at the lower of cost and net realisable value. Costs are assigned on a first in first out basis and include direct materials, direct labour and an appropriate proportion of variable and fixed overhead expenses.

Property, Plant and Equipment

Property, plant and equipment are carried at cost or independent valuation. All assets, excluding freehold land and buildings are depreciated over their useful lives to the company.

Employee Benefits

Contributions are made to an employee superannuation fund and are charged as expenses when incurred.

These notes are to be read in conjunction with the attached compilation report.

WESTVIC ACADEMY OF SPORT INC
A.B.N. 94 279 288 161

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH JUNE 2004**

| | 2004 | 2003 |
|---|-------------|-------------|
| | \$ | \$ |
| 2 Receivables | | |
| CURRENT | | |
| Other debtors | 57.00 | - |
| 3 Inventories | | |
| CURRENT | | |
| Stock on Hand | 6,803.12 | - |
| 4 Plant & Equipment | | |
| Motor Vehicles | 25,161.65 | - |
| Less: Accumulated Depreciation | 2,075.00 | - |
| | 23,086.65 | - |
| Total plant & equipment | 23,086.65 | - |
| 5 Retained Profits | | |
| Retained profits (accumulated losses) at the beginning of the financial year | - | - |
| Net Profit attributable to members of the Company | 54,377.93 | - |
| Retained profits (Accumulated losses) at the end of the financial year | 54,377.93 | - |

These notes are to be read in conjunction with the attached compilation report.



WESTVIC ACADEMY OF SPORT INC
A.B.N. 94 279 288 161

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH JUNE 2004

| | 2004 | 2003 |
|--|-------------|-------------|
| | \$ | \$ |
| 2 Receivables | | |
| CURRENT | | |
| Other debtors | 57.00 | - |
| 3 Inventories | | |
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| Stock on Hand | 6,803.12 | - |
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| Motor Vehicles | 25,161.65 | - |
| Less: Accumulated Depreciation | 2,075.00 | - |
| | 23,086.65 | - |
| Total plant & equipment | 23,086.65 | - |
| 5 Retained Profits | | |
| Retained profits (accumulated losses) | | |
| at the beginning of the financial year | - | - |
| Net Profit attributable to members of | | |
| the Company | 54,377.93 | - |
| Retained profits (Accumulated losses) | 54,377.93 | - |
| at the end of the financial year | | |

These notes are to be read in conjunction with the attached compilation report.

BOARD MEMBERS

Chairman

John Abraham

Portfolio Directors

Director of Athletes Services
 Director of Education
 Director of Finance
 Director of Legal Services Legal
 Director of Marketing & Promotion
 Director of Sports Science & Services

Michael Poulton
 Robert Irvine
 Michael Kearney
 Dan McGlade
 Joanna Stevens
 Warren Payne

Community Members

Community Member
 Community Member
 Community Member
 Community Member

Ray McLean
 Geoff Witmitz
 Rhonda Cator
 Ross Sullivan

General Committee Members

Central Highlands Sports Assembly
 City of Ballarat
 City of Ballarat
 Wimmera Regional Sports Assembly

Sue O'Brien
 Digby Jessop
 Richard Hancock
 Di Trotter

Ex-Officio

Sport & Recreation Victoria
 VIS

Kate Toner
 Ralph Richards

Executive Officer

Sports Program – Manager

Michael Hynes
 Ian Anderson



ACKNOWLEDGEMENTS

The WestVic Academy of Sport would like to gratefully acknowledge the contributions of the following:-

Sport & Recreation Victoria
VIS

Ballarat Courier
Ballarat Holden
Ballarat Runners Shop
Blue Bell Hotel
Budget
Central Highland Sports Assembly
CGU
City of Ballarat
Commonwealth Bank
Evans & Metcalfe
Horsham Rural City Council
Kearney & Crowe
KIK (AUST) Pty Ltd
University of Ballarat
University of Ballarat – Human Movement & Sports Services
Victorian Volleyball Development Trust
Wimmera Regional Sports Assembly
Wimmera Times

Media Connections

ABC FM
MIXX FM
Power FM
The Ballarat Courier
Wimmera Times
Win TV

Friends of the Academy supporters:-

Paul Anderson - Horsham
Toy's Garden Restaurant - Horsham
Zane Bell Denture Clinic - Horsham

