2026 - 2027 FedUni WestVic Academy of Sport – Future Stars Program

WestVic Academy of Sport offers Individual athletes access to a range of services and resources to complement their current training within their chosen sports. The aim of our Individual Athlete program is to provide holistic support to athletes while acting as a potential feeder program into the WestVic Athlete Scholarship.

Athlete Education & Support

- Education seminars x4
- Lumin Sports App
- Access to discounted health services
- WestVic Training T-Shirt
- Invitation to athlete development days if sport is offered
- Potential access to State Government Athlete Travel grants

Our Athlete Education series runs throughout the year and includes a complimentary ticket to our end of year Athlete's Address dinner. We cover a range of topics in our Athlete Education Seminars, specifically targeted to help athletes on the elite pathway.

Our wellbeing network includes access to a range of consultants in a variety of areas such as Dietitians, Sport Psychologists and Female Athlete Support. As well as discounted services with our partners at Lake Health Group, The RADCentre, Precision Health Spinal & Sports Rehab, and Three Lions Psychology & Consulting.

Physical Preparation

- Weekly Strength & Conditioning sessions at FedUni.
- Fitness Testing at the start & end of program.

The purpose of WestVic Strength & Conditioning sessions is to educate athletes on the importance of strength and conditioning training as a means of injury prevention, as well as the teaching performance and overall wellbeing benefits. Each athlete is fully supported by a coach for each session who will develop their programs and guide them through all the proper movements and techniques within their program.

Program Outline
FedUni WestVic understands that competing as an individual athlete is tough at times, navigating pathways, contacts, coaching, schedules, sponsors and all while balancing school/work and life. WestVic sits under the Victorian Institute of Sport and works with several State & National sporting organisations. Our Executive Officer is always happy to offer to meet with each of our Individual Athletes to see where we may be able to assist further. Be it getting a contact at a State Sporting Body, helping with grants, assisting with an injury, we hope to tailor our service as best we can. Membership into the Future Stars program will run for 10 months from September – June.

Selection Criteria
Selection into the FedUni WestVic Future Stars Program will be based on your recent performances and results in your chosen sport. We understand that each sport has a different level of competition and results pools, so each application will be reviewed on a case-by-case basis, therefore there is not a one size fits all criteria for this program.

Cost
The cost of an annual membership in 2026, inclusive of the above services and supports is $500.00 (inc GST).

Lumin Sports App
FedUni WestVic uses Lumin Sports App to manage all communications and athlete information.

Application Form - FedUni WestVic Academy of Sport Athlete Application Form – Fill out form

For more information on the FedUni WestVic Academy of Sport Future Stars program, please contact:

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