



2026 WestVic Academy of Sport – Tennis Program

WestVic Academy of Sport's mission is to provide opportunities for Western Victorian athletes to be their best in sport and in life. To help achieve our mission everything we do as an academy is led by our guiding values: **Excellence, Resilience, Passion, and Connectivity**. These values allow us to lead the way for sporting success by guiding athletes on & off the field.

WestVic Academy of Sport offers Tennis Athletes' access to a range of services and resources to support athlete development and is complimentary to their existing training programs. The WestVic Tennis program is supported by Tennis Victoria and is incorporated within the pathway framework for players.

2026 PROGRAM AIM - The aim of the WestVic Tennis program is to provide athletes with training and support that compliments the training they already complete with their clubs & coaches. High Performance and holistic education opportunities to provide tennis players across our region with the greatest chance to achieve their best in tennis & life.

Sport Specific

- 6 x On-Court tennis sessions (Academy & Development Squad Ballarat with Zoe Hives) (Development Squad Wimmera with Loveleen Singh)
- High Performance Day at the National Tennis Centre (Melbourne)
- Invitation to Victorian Regional Academies of Sport (VRAS) Inter-Academy Challenge Weekend.

Holistic Support

- WestVic Athlete Education series
- Community Network – Referral to Physiotherapy, Nutrition, Sport Psychology, Female Athlete support & more
- Fitness Testing at the start & end of program
- Weekly Strength & Conditioning sessions at FedUni
- WestVic Training Jersey

Our community network includes access to a range of consultants in a variety of areas such as Dietitians, Sport Psychologists and Female Athlete Support. As well as discounted services with our partners at Lake Health Group and the RADCentre, Precision Health Spinal & Sports Rehab, and Three Lions Psychology & Consulting.

Selection Criteria

To be eligible for selection in the WestVic Academy of Sport 2026 Tennis Program you had to express your interest in the program prior to the trial's session on February 22nd 2026.

If you are unable to attend, then we encourage you to still apply.

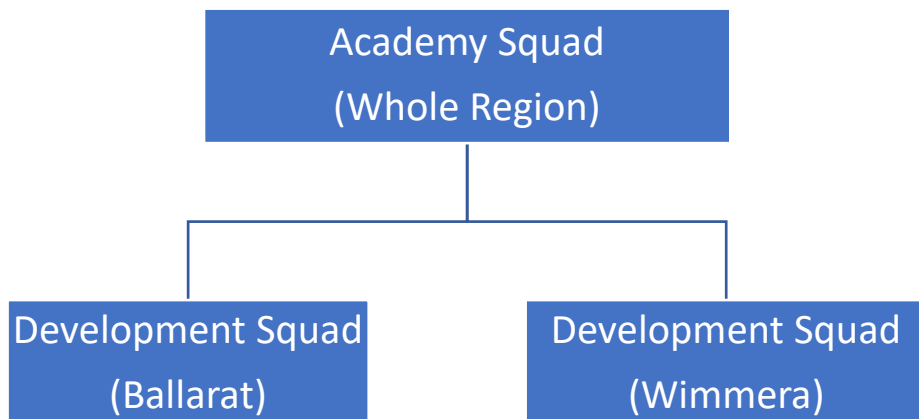
Trials Registration form - [FedUni WestVic Academy of Sport Athlete Application Form – Fill out form](#)



Squad

Due to the high level of interest for the 2026 Tennis Program we will be creating three squads to allow us to support more athletes across our region. The squads have been split to allow athletes to practice with those of the same ability, all squads will have access to all the above offerings with on-court sessions running for two hours.

2026 Squad structure:



Lumin Sports App

FedUni WestVic uses Lumin Sports App as our Athlete Management System. All Tennis athletes will be assigned to the app allowing WestVic staff to help the athlete manage their Strength & Conditioning programs, wellness and all program operations and communication.

Cost

The cost of an annual membership in 2026, inclusive of the above services and supports is \$500.00 inc GST (Note: payment is not required upon acceptance. A tax invoice will be emailed to you with the membership documents).

For more information on the WestVic Academy of Sport programs, please contact:

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Athlete Services & Program Coordinator

Website: [WestVic Academy of Sport - Home \(westvicsport.org.au\)](http://westvicsport.org.au)

